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26th November 2020

Dear Parents and Carer

You are warmly invited to Parentalk – the Primary Years: a six-week parenting course created by the national charity Care for the Family, running on zoom on Tuesday Evenings next term.

As we all know, parenting can be a tough job – a rollercoaster ride of joy and fun, anxiety and heartache. Parentalk is an opportunity to reflect, learn and support one another. It's not just for people with problems – we can learn from each other's experiences both in the good times and the hard times.

The course is a mixture of video material and group discussion and is both informative and great fun. Parentalk – the Teenage Years has been run in three secondary schools in Oxford and over 400 parents have already successfully completed the course. You can see more information and a short video about the course on the Care for the Family website.

The course is being organised by the Akeman Benefice (local churches) and will be led by Vicky Lavy, a Care for the Family facilitator and local mum with three grown-up boys.

The course will run from 7:30-9:30pm on Tuesdays, starting on 26 January 2021. We plan to run it online, using zoom, due to the Covid restrictions.

The following dates for the course are 2, 9, 23 February and 2, 9 March - there is no session in half term.

The course fee is £10 per family. A Financial Assistance Fund is available for parents who are in receipt of specific benefits. To book your place please email Joanna Clifford, Children and Families' Coordinator, Akeman Benefice, joannaclifford.akeman@gmail.com - closing date 20th January, 2021.

If you have any questions or would like more information then please email Vicky at parenting@standrewsoxford.org

Best wishes

Sara Bailey

Assistant Headteacher, SENCo & Designated Safeguarding Lead

