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Headteacher: Mr Iain Horner

Monday 2<sup>nd</sup> March 2026

Dear Parents and Carers,

As our pupils have been so keen this academic year with their efforts in the Daily Mile, Inter-House and Bicester Schools' Cross Country, we wanted to let you know about a local opportunity for them to further enjoy their running. Please see information below from the organisers of our local junior Parkrun for more details.

junior parkrun

*Did you know that every Sunday morning at 9am Junior Parkrun is held at Whitelands running track?*

*We are a fun, friendly and free event for children aged 4-14 years. Children can walk, jog, run 2km and get their time recorded. They can learn new skills and enhance their health and happiness in the great outdoors whilst making new friends, feeling part of the local community and improving their fitness.*

*Children receive wristbands for when they run the equivalent of a half-marathon (11 Junior Parkruns), a full marathon (22) and also when they complete 50 Junior Parkruns, which encourages them to attend each week.*

*Our aim is to improve the health and wellbeing of children by increasing physical activity and social engagement. Junior Parkrun is also about encouraging parents (and carers) to be active and participate with their children; encouraging families to become more active on a regular basis. This is a FREE event so is very inclusive and will help develop their confidence, abilities and talents.*



*We are a really friendly team and we get a real sense of achievement seeing the smiles on the children's faces as they come through the finish line. Check out our Facebook page to see our pictures.*

*To join, simply register your child at: <https://www.parkrun.org.uk/register/> or scan the QR code. Once registered, it will then provide you with a unique barcode for your child. You can download your barcode onto an electronic device or print it out. Make sure you're at the start for 8.50 ready for our pre-run brief and warm up.*



To encourage Chesterton pupils to try Junior Parkrun out for the first time, we thought it would be nice for a group of us to attend together, so we are suggesting **Sunday 19<sup>th</sup> April** as a date for a 'taster session'. We will be there to support the children on the day and, hopefully, the knowledge of lots of friendly faces on the start line will inspire plenty of our runners to take part. There will also be house points for anyone who takes on the challenge! By attending on the 19<sup>th</sup> April, there is no commitment to attend on a weekly basis, but obviously it would be fantastic if some or all of the children decided to return.

As this may mean a sizeable increase to the normal numbers, we will need to liaise with the organisers, so please let us know on the slip below if your child is intending to take part.

Yours sincerely,

Mr Horner and Miss Hawtin

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Child's Name: \_\_\_\_\_

My child would like to take part in the Junior Park Run at Whitelands Running Track, Kingsmere on Sunday 19<sup>th</sup> April at 9.00am and I have registered them online.

My child would like to take part but is unable to at this time/on this date.

My child does not want to take part.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

