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Headteacher: Mr Iain Horner

Thursday 20<sup>th</sup> June 2024

Dear Parents and Carers,

## **Relationships and Sex Education**

On Friday 28<sup>th</sup> June, Hawthorn Class will have lessons as part of the Relationships and Sex Education programme. This will include:

A session covering:

- Personal Hygiene
- Changes
- Puberty
- Menstruation

These sessions will be mixed gender and based on the SCARF programme, which is used throughout the school during PSHCE lessons. There will be opportunities for the children to ask questions and discuss the topics.

If you would like to discuss the content of these sessions further, feel free to contact me.

The school Sex and Relationship Education Policy is available to view on the school website.  
<https://www.chestertonprimaryschool.org.uk/policies.php>

Yours sincerely,

Miss M. Hawtin

