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Headteacher: Mr Iain Horner

Friday 22nd May 2026

Dear Parents and Carers,

## **Relationships and Sex Education**

On Friday 26<sup>th</sup> June, Hawthorn Class will be having some lessons as part of the Relationships and Sex Education programme.

This will include sessions covering:

- Personal Hygiene
- Changes
- Puberty
- Menstruation

These sessions will be mixed gender and based on the SCARF programme, which is used throughout the school during PSHE lessons. There will be opportunities for the children to ask questions and discuss the topics.

If you would like to discuss the content of these sessions further, feel free to contact me.

The school Sex and Relationship Education Policy is available to view on the school website.  
<https://www.chestertonprimaryschool.org.uk/policies.php>

Yours sincerely,

Miss M. Hawtin

