

School Trip Packed Lunch and Allergens

Sandwich filled with 1 the following:

Tuna Mayo (wheat, gluten may contain milk (spread))

Egg Mayo (wheat, gluten may contain milk (spread))

Ham (wheat, gluten may contain milk (spread))

Cheese (wheat, gluten, milk,)

Selection of vegetables:

Carrot sticks, Cucumber sticks, Sliced peppers,

Piece of fruit:

Apple or satsuma

Dessert: 1 of the following will be included in the lunch

Flapjack (oats, may contain wheat, barley)

Shortbread (wheat)

PLUS:

Fruit yogurt

Your School Lunch

Let's Eat
• TOGETHER •

AVAILABLE DAILY - natural yogurt with toppings, chopped fresh fruit, fresh bread, salad bar and lots of fresh water!