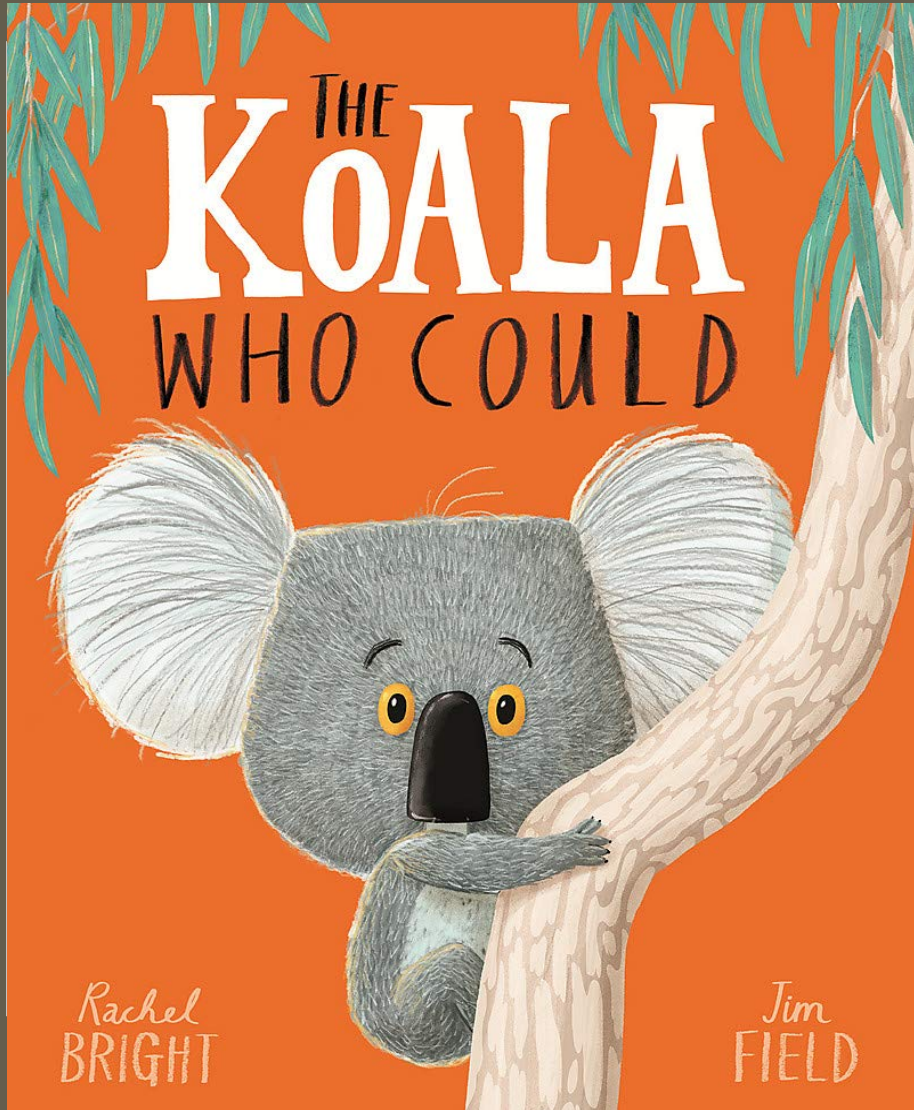


LET'S DISCUSS CHANGE

PSHCE

HAVE A THINK
ABOUT...

- What does 'change' mean?
- How can change be positive?
- When can change be negative?



WATCH THIS VIDEO

<https://youtu.be/0FGMHKaxjrQ>

The Koala Who Could
By Rachel Bright

DID KEVIN LIKE CHANGE?

- Kevin was terribly good at three things:
 - Clinging
 - Napping
 - Munching on leaf-buns.
-
- What three things are you really good at?

THINK OF A
TIME WHEN
SOMETHING IN
YOUR LIFE
CHANGED.

What was it?

How did it affect you?

Talk about how you felt.

How did you react?

WHY WAS
KEVIN SO
AFRAID OF
CHANGE?

- How did Kevin's friends help him?
- Write down the things that would help you when going through change.

ACTIVITY - DRAW A TABLE AND ORGANISE THESE POINTS
INTO TWO GROUPS:

Changes you can influence

Changes you cannot influence

- Whether you have a good day at school
- Your hair growing
- Making new friends
- Moving into Year 3 when you have finished Year 2
- Getting your adult teeth
- Moving into a different house
- Snowy weather
- Sunshine

- Making your face smile instead of frowning!
- Learn to read trickier words
- Get better at all my subjects
- Be healthy so I can grow up strong
- Your date of birth
- Getting enough sleep
- Your eye colour
- Day turning into night

WHAT DOES THE STORY TEACH US?

- What does it mean to have a 'CAN-DO' attitude when there is change? (Think about growth mind set)
- How could you use CAN-DO attitude in your own changes?